



**THE**  
*Original*®  
**PANCAKE**  
**HOUSE**

**PANCAKES AS YOU LIKE THEM**

**7AM - 1PM Mon. - Thu.**

**7AM - 3PM Fri. - Sun.**

**Bethesda**

7703 Woodmont Ave.  
301-986-0285

**Falls Church**

7395 Lee Highway  
703-698-6292

**Rockville**

12224 Rockville Pike  
301-468-0886

[www.ophrestaurants.com](http://www.ophrestaurants.com)



Note: Nutritional information - All calorie counts are based on a suggested daily calorie intake of 2000 calories. Additional nutritional information is available for your use. Please ask your server.

Our calorie counts include sides and condiments served with each entree.

# BREAKFAST

Items served raw or undercooked are marked with an \*. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

## EGG SPECIALTIES

*Substitute scrambled egg whites... additional 1.50 (-120 cal)*

### \*Bacon and Eggs (1100-1140 cal)

Two(2) eggs, three(3) flavorful bacon strips and Three(3) buttermilk pancakes. 12.85

### \*Sausage and Eggs (990-1050 cal)

Two(2) eggs, four(4) sausage links or two(2) patties and three(3) buttermilk pancakes. 12.85

Substitute: Four(4) Turkey links...add .75 (231 cal)

### \*Canadian Style Bacon & Eggs (800-850 cal)

Two(2) eggs, four(4) slices of Canadian style bacon and three(3) buttermilk pancakes. 13.85

### \*Ham and Eggs (670-710 cal)

Two(2) eggs, a thick slice of honey maple ham served with three(3) buttermilk pancakes. 12.85

### \*Diced Ham and Eggs (840 cal)

Three(3) eggs lightly scrambled with diced honey maple ham, served with three(3) buttermilk pancakes. 12.85

### \*Hash Brown Potatoes & Eggs (1010-1050 cal)

Two(2) eggs, hash browns and three(3) buttermilk pancakes. 11.85

### \*Corned Beef Hash & Eggs (960-1000 cal)

Corned beef hash served with two(2) eggs any style and three(3) buttermilk pancakes. 13.85

### \*Steak and Eggs (985-1025 cal)

Tender 8 oz. strip steak served with two(2) eggs any style and our hash brown potatoes or three(3) buttermilk pancakes. 15.85

## OMELETTES

(Each Served with 3 Buttermilk Pancakes)

*Made to order and may take up to 20 - 30 minutes during busy times.*

*Substitute egg whites... additional 2.35 (-200 cal)*

### \*Fluffy Omelette (966 cal)

Simply light and delicious. 12.50

### \*Ham and Cheese Omelette (1490 cal)

Honey cured ham with your choice of our Swiss or aged cheddar. 13.85

### \*Bacon and Cheddar Omelette 14.85 (1490 cal)

### \*Irish Omelette (1680 cal)

Our famous fluffy omelette filled with corned beef hash and Swiss cheese. 15.85

### \*Spinach Omelette (986 cal)

Our fluffy omelette filled with fresh spinach leaves and baked to perfection. 14.85

### \*Jalapeno Omelette (1137 cal)

Our fluffy omelette filled with red and green peppers, onions and jalapeno peppers. 14.85

### \*Vegetarian Omelette (980 cal)

Our fluffy egg omelette filled with fresh broccoli, fresh tomatoes and fresh mushrooms. 14.185

### \*Western Omelette (1076 cal)

A perennial favorite - filled with ham, red and green pepper and onions. Served fresh and hot. 14.85

### \*Californian Omelette (1195 cal)

Cilantro, jalapeños, tomatoes, onions, topped with a avocado spread and a side of salsa verde. 14.85

## CREPES

### Classic Crepes (625 cal)

Three(3) delicate crepes, served with fresh lemon, whipped butter and powdered sugar. 11.85

### Lemon Crepes (991 cal)

Lemon curd made in house, rolled into three(3) classic crepes, dusted with powdered sugar and topped with a dollop of fresh whipped cream. 13.85

### Cinnamon Apple Crepes (920 cal)

Three(3) delicate crepes covered and filled with our fresh sauteed Granny Smith apples and cinnamon sugar. 13.85

### Fresh Strawberry Crepes (810 cal)

Three(3) delicate crepes filled and topped with fresh, sliced strawberries, powdered sugar and fresh whipped cream to top this delight! 15.35

### Cherry Kijafa Crepes (1005 cal)

Dark cherries in our Kijafa sauce rolled into and on top of three(3) classic crepes then dusted with powdered sugar and topped with fresh whipped cream. 13.85

### Lingonberry Crepes (1055 cal)

Three(3) classic crepes filled with our lingonberry sauce, dusted with powdered sugar, topped with more Lingonberry sauce and topped with a dollop of fresh whipped cream. 14.35

### Raspberry Crepes (990 cal)

Three(3) crepes filled with raspberries in our melba sauce, dusted with powdered sugar, topped with more raspberries in melba sauce and finished with a dollop of fresh whipped cream. 14.35

### Continental Crepes (875 cal)

Three(3) crepes, rolled with sour cream and a hint of orange liqueur then dusted with powdered sugar and served with our house made tropical syrup. 12.85

### Chocolate Crepes (985 cal)

Three(3) crepes with a melted chocolate filling, dusted with powdered sugar, topped with semi-sweet chocolate chips and fresh whipped cream. 13.85

### Nutella Crepes (1055 cal)

Classic crepes filled with nutella, dusted with powdered sugar and topped with fresh whipped cream. 13.85  
Add bananas and toasted pecans. 3.50



## SAVORY CREPES

### \*Chicken Crepe (850 cal)

A medley of grilled chicken, green peppers, mushrooms and pimentos combined in our sherry wine sauce that is rolled in a Classic Crepe with sliced almonds and black olives and served with four(4) lacy potato pancakes. 14.85

### Fresh Spinach Crepe (1250 cal)

Leafy spinach, complemented with a hint of aged cheddar cheese sauce, fresh mushrooms and onion rolled in a classic crepe. Served with four(4) lacy potato pancakes. 13.25

### \*Ham and Swiss Crepe (756 cal)

Our classic crepe filled with smoked ham and melted Swiss cheese. Served with shredded hash browns. 11.85

The following items DO NOT CONTAIN PEANUT OIL: Apple Pancakes, Dutch Baby, Potato Pancakes, French Toast, Gluten Free Pancakes and our Crepes.  
All other pancakes and waffles DO CONTAIN PEANUT OIL



# HOUSE SPECIALS

*Dutch Baby*



## **DUTCH BABY (Mini or Regular)** (390 mini or 840 regular cal)

A big surprise that's fun and delicious to see and eat. Served with fresh lemon, whipped butter and powdered sugar to stir. Our lightest pancake treat! Mini 9.75 or Regular 14.85  
Add fresh seasonal fruit — 4.85 extra (200-300 cal)

## **APPLE PANCAKES (Mini or Regular)** (725 mini or 1830 regular cal)

Our 'own oven baked delicacy that's made with freshly, baked Granny Smith apples and cinnamon sugar glaze; our proud pancake is filled with bubbling goodness and flavor. Served fresh out of the oven to you! Mini 10.00 or Regular 15.25

## **GLUTEN FREE PANCAKES or WAFFLES** (570 cal)

Six(6) gluten free plain pancakes. 11.00  
Blueberry 11.85 (530 cal) Pecan 12.00 (1350 cal), Chocolate Chip 11.60 (740 cal) Strawberry 14.25 (1000 cal), Banana 11.25 (530 cal)

**Apple Pancakes and Dutch Babies are oven baked to order and may take up to 20 - 30 minutes during busy times.**

## SPECIALTIES

### **\*The Works** (1101-1171 cal)

Three(3) buttermilk pancakes, two(2) eggs any style, two(2) strips of bacon and hash brown potatoes. 14.85

### **\*French Toast Works** (1144-1214 cal)

Two(2) pieces of French Toast. Two(2) eggs any style, Two(2) strips of bacon and hash brown potatoes. 14.85

### **\*Golden Waffle Works** (1073-1143 cal)

One half of our golden waffle, two(2) eggs any style, two(2) strips of bacon and hash brown potatoes. 14.85

### **\*Crepe Works** (897 cal)

One Classic Crepe, two(2) eggs any style, two(2) strips of bacon and hash brown potatoes. 14.85

### **\*Ellen's Avocado Toast** (625 cal)

Two(2) poached eggs on a toasted ciabatta with avocado spread and finished off with a dusting of Paprika. Shredded hash browns. 14.35



### **\*Avocado Toast with Crab** (725 cal)

Two(2) poached eggs on toasted Ciabatta with avocado spread and sweet blue crab meat and finished off with a dusting of Old Bay seasoning. Served with shredded hash browns 16.35

### **\*Brunch Bacon, Eggs & Tots with Cheese** (683 cal)

Our sweet potato tater tots tossed topped with creamy cheddar cheese, scrambled eggs and pieces of thick cut bacon 11.85

### **\*Huevos Rancheros** (750-825 cal)

Three(3) tostada shells topped with pinto beans, diced avocado and scrambled eggs with a sprinkle of Monterrey Jack cheese and topped with our special mole sauce. Served with a side of pico de gallo. 13.35

### **\*Mini Breakfast Quesadilla** (683 cal)

Flour tortilla filled with scrambled eggs, cheddar cheese, pepper jack cheese, Choice of (bacon, chorizo or ham) with sides of sour cream and pico de gallo 11.85

### **\*Southern Scrambler** (748 cal)

Country scrambled eggs, sausage, home fries, mushrooms, onions, red peppers scrambled together with a topping mix of Swiss and Cheddar cheese and served with pancakes. 14.85

### **\*Eggs Benedict** (748 cal)

A toasted english muffin topped with Canadian Bacon, two(2) poached eggs and our homemade hollandaise sauce, sprinkled with paprika and served with shredded hash browns. 14.85

### **\*Waffles Benedict** (1151 cal)

Two(2) poached eggs, two(2) strips of bacon on a half waffle, topped with hollandaise sauce and finished off with a dusting of paprika Served with shredded hash browns. 14.85

### **\*Crab Benedict** (960 cal)

Scrumptious jumbo lump crabmeat on top of our signature english muffin and topped with a buttery hollandaise sauce. Served with a side of OPH's Shredded Hash Browns. 16.35

### **\*Eggs Michael** (908 cal)

A toasted english muffin topped with sausage patties, two(2) poached eggs, and our hollandaise sauce. sprinkled with paprika and served with shredded hash browns. 14.85

### **\*Eggs Florentine** (749 cal)

A toasted english muffin topped with sauteed fresh spinach, two(2) poached eggs and topped with our home made hollandaise sauce then sprinkled with Spanish paprika and served with shredded hash browns. 14.00

### **\*Eggs Royale** (960 cal)

A toasted English muffin topped with smoked salmon, Two poached eggs, and our Hollandaise sauce, sprinkled with Spanish paprika and served with shredded hash browns. 15.35

### **\*Egg White Scrambler** (835 cal)

Egg whites, tomatoes, mushrooms, onions, red peppers and fresh spinach, scrambled together with a bit of Feta cheese and served with a side of fresh strawberries 14.85

## BREAKFAST SANDWICHES

(Bagel, Ciabatta, Croissant, White, Wheat, Rye or Texas Toast)

### **\*Bacon, Egg and Cheese** 8.75 (554-680 cal)

### **\*Sausage, Egg and Cheese** 8.75 (584-810 cal)

### **\*Avocado, Egg and Cheese** 8.75 (425-570 cal)

### **Bagel, Lox & Cream Cheese** 14.25 (554-680 cal)

### **\*Breakfast Burrito with Chorizo** (980 cal)

Tortillas filled with cheddar cheese, shredded hash browns, onions, red peppers and fluffy scrambled eggs with "Logan Chorizo Sausage" for a special kick to the burrito. Served with a pico de gallo and a side of OPH's Shredded Hash Browns \$14.85

**The following items DO NOT CONTAIN PEANUT OIL: Apple Pancakes, Dutch Baby, Potato Pancakes, French Toast, Gluten Free Pancakes and our Crepes. All other pancakes and waffles DO CONTAIN PEANUT OIL**

Items served raw or undercooked are marked with an \*. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

## PANCAKES

**Buttermilk Pancakes** (680 cal)  
Served with whipped butter and warm maple syrup. 10.75

**Dollar Pancakes** (580 cal)  
Melts in your mouth! Twelve(12) delicious silver dollar pancakes loved by kids and adults alike. 10.75

**49'er Flap Jacks** (840 cal)  
Three(3) plate size pancake treats, served with whipped butter and warm maple syrup. 12.00

**Potato Pancakes (Swedish)** (660-680 cal)  
Freshly grated daily for our crisp lacy treats. Served with sour cream and applesauce. 11.35

**Potato Pancakes (Latke)** (660-680 cal)  
Freshly shredded potatoes with a latke mix and double fried. Served with sour cream and applesauce. 11.35

**Three Little Pigs in a Blanket** (900 cal)  
Our special links wrapped in light and fluffy pancakes, dusted with powdered sugar. 11.85

**Banana Pancakes** (680 cal)  
Buttermilk pancakes filled with diced bananas, dusted with powdered sugar. Served with whipped butter and Warm syrup. 12.00  
*For an extra treat add Georgia pecans. (2.25 cal 130)*

**Pecan Pancakes** (910 cal)  
Topped and filled with Georgia toasted pecans and then dusted with powdered sugar. 12.75

**Buckwheat Pancakes** (640 cal)  
Homemade buckwheat pancakes served with whipped butter and warm maple syrup. 12.00  
*Add Georgia Pecans (2.25 cal 130)*

**Carrot Cake Pancakes** (903 cal)  
Six(6) pancakes with walnuts and a side of cream cheese icing. 13.00

**Swedish Pancakes** (650 cal)  
Authentic lacy Swedish pancakes are always a treat with imported lingonberry sauce from Sweden - with whipped butter. 13.35

**Butterscotch Pancakes** (980 cal)  
Six(6) pancakes filled and topped with butterscotch chips, sprinkled with powdered sugar and drizzled with butterscotch syrup. 12.35



**Strawberry Pancakes** (1100 cal)  
Our buttermilk pancakes. covered with fresh strawberries and whipped cream. 15.00

**Blueberry Pancakes** (640 cal)  
Freshly made blueberry batter stacks up to six(6) perfect pancakes dusted with powdered sugar complemented with blueberry compote and whipped butter. 13.35

**Pumpkin Pancakes** (850 cal)  
Our special recipe pancakes dusted with powdered sugar and topped with fresh whipped cream. 13.35

**Chocolate Chip Pancakes** (850 cal)  
Rich semi-sweet chocolate chips in our buttermilk batter, dusted with powdered sugar and topped with fresh whipped cream. 12.35

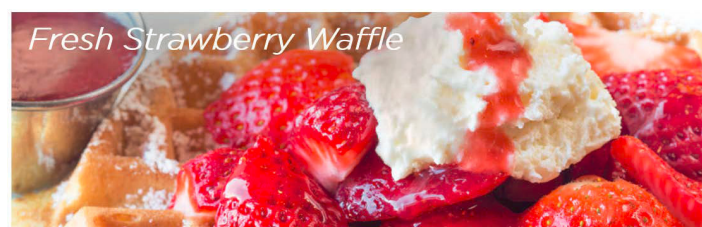
## WAFFLES

**Golden Waffle** (560 cal)  
Pure and simple waffle with whipped butter and warm maple syrup. 11.25

**Cinnamon Apple Waffle** (730 cal)  
Baked with fresh Granny Smith Apples and cinnamon sugar topped with diced apples and served with homemade apple syrup. 12.85

**Blueberry Waffle** (675 cal)  
A warm blueberry compote goes with this delectable treat topped with powdered sugar. 12.25

**Fresh Strawberry Waffle** (815 cal)  
Golden brown waffle topped with powdered sugar, fresh sliced strawberries, and fresh whipped cream. 15.00



**Bacon Waffle** (850 cal)  
Crisp flavorful bacon goes into this delectable treat. Served with whipped butter and warm maple syrup. 12.25

**Pecan Waffle** (1145 cal)  
Toasted pecans in our batter and on top with powdered sugar, served with whipped butter and warm maple syrup. 12.75  
*Top with sliced banana add 2.15 (50 cal)*

**Nutella Pecan Waffle with Bananas** (1250 cal)  
topped with our own fresh whipped cream and served with whipped butter and warm maple syrup. 14.85

**Whole Wheat Waffle** (537-1317 cal)  
Our Belgian waffle made with whole wheat flour, plain 11.85  
Bacon Bits 12.75 **or** Blueberries 12.75 **or** Chocolate Chips 13.35  
**or** Cinnamon Apples 13.35 **or** Pecans 13.75 **or** Strawberries 15.00

**\*Chicken & Waffles** (801 cal)  
Breakfast and lunch on one plate. Our tender white meat chicken pieces on top of the OPH Golden Waffle with a maple syrup mustard sauce on the side. 14.85

**Chocolate Chip Waffle** (730 cal)  
Semi-sweet chocolate chips, dusted with powdered sugar and topped with fresh whipped cream. 12.35

## FRENCH TOAST

**French Toast** (800 cal)  
Light and fluffy made with our special batter, dusted with powdered sugar, served with strawberry preserves and whipped butter. 11.50

**Croissant Cinnamon Nut French Toast** (826 cal)  
Two(2) sliced croissants, dipped in our egg batter and grilled with sliced almonds, and cinnamon sugar. 12.85

**Cinnamon Nut French Toast** (935 cal)  
Texas toast dipped in our special egg batter and cooked with cinnamon sugar, topped with sliced toasted almonds. 11.85

The following items DO NOT CONTAIN PEANUT OIL: Apple Pancakes, Dutch Baby, Potato Pancakes, French Toast, Gluten Free Pancakes and our Crepes.  
All other pancakes and waffles DO CONTAIN PEANUT OIL



## MEATS

* <b>Three(3) Thick Slices of Bacon</b>	5.85 (252 cal)
* <b>Three(3) Slices of Turkey Bacon</b>	4.85 (180 cal)
* <b>Four(4) Turkey Links</b>	6.25 (129 cal)
* <b>Corned Beef Hash</b>	6.85 (460 cal)
* <b>Honey Maple Ham</b>	5.85 (140 cal)
* <b>Canadian Style Bacon</b>	6.85 (140 cal)
* <b>Our Own Recipe Sausage</b>	
Link - Four(4) (360 cal) or Patty - Two(2)(460 cal)	5.85

## SIDE DISHES

<b>Hash Brown Potatoes with Onion</b>	4.50 (470 cal)
* <b>Jalapeno, Bacon &amp; Hash Brown Potatoes</b>	
w/ onions and topped with with Swiss & Cheddar Cheeses	5.75 (500 cal)
<b>Shredded Hash Browns</b>	4.50 (377 cal)
<b>Sweet Potato Tater Tots</b>	4.85 (130 cal)
* <b>One Egg, any style</b>	2.85 (70-90 cal)
* <b>Two Eggs, any style</b>	3.60 (140-180 cal)
<b>Bagel</b>	2.90 (259 cal)
<b>Cinnamon Applesauce</b>	1.70 (130 cal)
<b>Fresh Whipped Cream</b>	2.60 (490 cal)
<b>100% Pure Maple Syrup</b>	3.35 (210 cal)
<b>English Muffin with Preserves</b>	2.75 (310 cal)
<b>Toast with Preserves</b>	2.75 (310 cal)
<b>Soft and Sweet Cinnamon Roll</b>	6.85 (660 cal)
These gooey rolls have a vanilla icing on top	
<b>Grilled Breakfast Muffins</b>	5.85 (310 cal)
Blueberry or Double Chocolate Chunk	
<b>2 Mini Raspberry filled Beignets</b>	4.25 (180 cal)



## FRUIT

<b>Fresh Half (1/2) Grapefruit</b>	3.10 (100 cal)
<b>Sliced Bananas</b>	2.10 (100 cal)
<b>Fresh Berries in Season</b>	6.10 (90 cal)
<b>Fresh Seasonal Fruit Platter</b>	7.10 (190 cal)
<b>Parfait</b>	7.75 (325 cal)
Creamy Non-Fat Greek yogurt with a special blend of oatmeal from Oat My Goodness (their craft blend) topped with fresh berries and bananas.	

## BREAKFAST CEREALS

<b>Old Fashioned Oatmeal</b>	5.25 (150 cal)
Add sliced banana	1.90 (100 cal)
<b>Grits</b>	5.25 (244 cal)
add Swiss	.90
add Cheddar	.90

## JUICE & COLD BEVERAGES

<b>Freshly Squeezed Orange Juice</b>	
Reg - 8 oz 3.50 (112 cal) Large - 12 oz 4.25 (170 cal)	
<b>Freshly Squeezed Grapefruit Juice</b>	
Reg - 8 oz 3.50 (88 cal) Large - 12 oz. 4.25 (140 cal)	
<b>Apple Juice</b>	
Reg - 8 oz 2.25 (40 cal) Large - 12 oz 2.85 (60 cal)	
<b>Tomato Juice</b>	
Reg - 8 oz 2.25 (50 cal) Large - 12 oz 2.85 (75 cal)	
<b>Cranberry Juice</b>	
Reg - 8 oz 2.25 (133 cal) Large - 12 oz 2.85 (200 cal)	
<b>Lemonade</b>	2.85 (148 cal)
<b>Fruit Punch</b>	2.85 (165 cal)
<b>Iced Tea - Unsweetened</b>	2.85 (0 cal)

<b>Soft Drink</b>	12 oz 2.85
Coke(145 cal), Diet Coke(0 cal) and Sprite(216 cal)	
<b>Chocolate Milk</b>	
Reg - 8 oz 2.35 (180 cal) Large - 12 oz. 2.85 (270 cal)	
<b>Milk</b>	
Reg - 8 oz 2.35 (150 cal) Large 12 oz 2.85 (225 cal)	
<b>Skim Milk</b>	
Reg - 8 oz 2.35 (90 cal) Large 12 oz 2.85 (135 cal)	
<b>Almond Milk (unsweetned)</b>	
Reg - 8 oz 2.85 (40 cal) Large 12 oz 3.35 (60 cal)	

## HOT BEVERAGES

<b>Coffee</b>	3.35 (0 cal)
<b>Tea</b>	2.85 (0 cal)
<b>Hot Chocolate</b>	3.35 (230 cal)
with fresh whipped cream	
<b>Chai</b>	3.85 (140 cal)

Items served raw or undercooked are marked with an \*. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

## SENIOR MENU

**\*Two by Four** (690-730 cal)  
Two(2) eggs any style and four(4) buttermilk pancakes. 11.25

**\*Two by Two by Two** (552 cal)  
Two(2) eggs, two(2) pieces of bacon and two(2) buttermilk pancakes. Served with warm maple syrup and whipped butter. 11.60

**\*Senior Buttermilk** (393 cal)  
Two(2) buttermilk pancakes and two(2) slices of bacon. Served with warm maple syrup and whipped butter. 11.25

**\*Two French Plus** (460 cal)  
Two(2) pieces of French Toast and two(2) eggs served with whipped butter, preserves and warm maple syrup. 11.25

**Just Two Crepes** (415 cal)  
Two(2) of our classic crepes served with powdered sugar, fresh lemon and whipped butter. 8.60

**\*Mini Omelettes** (724-980 cal)  
A smaller version of our regular Fluffy Omelette. served with two(2) buttermilk pancakes. warm maple syrup and whipped butter. 10.75  
Ham & Cheese-12.35, Irish-13.75, Jalapeno-12.35  
Californian-12.35, Bacon & Cheddar-12.35, Spinach-12.35  
Vegetarian-12.35, Western-12.75 -

**\*Half a Belgium Plus** (608 cal)  
Half a golden waffle with two(2) eggs and two(2) pieces of bacon served with warm maple syrup and whipped butter. 12.60

**Short Stacks** (340 cal)  
A delicious short stack of our buttermilk pancakes served with warm maple syrup and whipped butter. 7.35

## CHILDREN'S MENU

**5 "Dollar" Pancakes** 7.35 (242 cal)

**\*5 Dollar Pancakes Combo** 9.35 (434 cal)  
with one(l) egg any style and one(1) bacon strip.

**Three(3) Buttermilk Pancakes** 7.35 (340 cal)

**\*Three(3) Buttermilk Pancakes Combo** 9.35 (518 cal)  
with one(l) egg any style and one(1) bacon strip.

**\*Two(2) Little Pigs in a Blanket** 7.85 (600 cal)

**\*Two(2) Little Pigs in a Blanket Combo** 9.85 (735 cal)  
with one(l) egg any style.  
*substitute turkey sausage additional/ .90 (645 cal)*

**French Toast** 7.35 (400 cal)

**\*French Toast Combo** 9.35 (598 cal)  
with one(1) egg any style and one(1) bacon strip.

**Kids Waffle** 7.35 (305 cal)

**\*Kids Waffle Combo** 9.85 (488 cal)  
A kid's waffle, one(1) egg and one(1) bacon strip.

**Kids Crepe** 7.35 (416 cal)  
Two(2) classic crepes.

**\*Kids Classic Crepe Combo** 9.85 (600 cal)  
One(l) crepe with One(l) egg any style and one(1) bacon strip.

The following items DO NOT CONTAIN PEANUT OIL : Apple Pancakes, Dutch Baby, Potato Pancakes, French Toast, Gluten Free Pancakes and our Crepes.  
All other pancakes and waffles DO CONTAIN PEANUT OIL

## CREATIONS FROM OUR GRANDCHILDREN

**Jordyn's Peanut Butter Cup Pancakes** (934 cal)  
Three(3) pancakes filled and topped with pieces of Reese's Peanut Butter Cups and sprinkled with powdered sugar and topped with a dollop of fresh whipped cream. 10.35

**Sam's Cookies N' Cream Pancakes** (755 cal)  
Three(3) pancakes filled and topped with pieces of Oreo cookies and sprinkled with powdered sugar and topped with a dollop of fresh whipped cream. 10.35

**Max's M & M Pancakes** (430 cal)  
Three(3) buttermilk pancakes filled with M&Ms and topped with more M&Ms and powdered sugar and fresh whipped cream 10.35



**Noah's S'mores Pancakes** (635 cal)  
A stack of three(3) buttermilk pancakes filled with graham cracker pieces and mini marshmallows then drizzled with chocolate syrup and topped with more graham cracker pieces, mini marshmallows and pieces of Hershey's Chocolate. 10.35

# LUNCH

LUNCH IS ONLY AVAILABLE ON WEEKDAYS. NOT ON HOLIDAYS

## SANDWICHES & WRAPS

*Served with either French Fries (387 cal) chunky or shredded hash brown potatoes (400 cal), side salad (202 cal), coleslaw (190 cal) or potato salad (215 cal)*

**\*Smothered Chicken Sandwich** (830 cal)

Grilled chicken breast topped with julienne strips of sauteed red and green peppers, onion, bacon and cheddar cheese on a Brioche bun. 12.35

**\*Chicken Salad Sandwich** (567 cal)

Freshly made chicken salad with sliced almonds on a sub roll with lettuce and tomato. 11.35

**\*Chicken Club** (657 cal)

Marinated grilled chicken, thick sliced bacon, lettuce, tomato and mayonnaise on three(3) slices of Country White Toast. 12.35

**\*Turkey Club** (657 cal)

Perfectly smoked and sliced turkey, thick sliced bacon, lettuce, tomato and mayonnaise on three(3) slices of Country White Toast. 12.35

**\*Big Burger** (495 cal)

A half-pound burger served on a warm Brioche roll with lettuce, tomato and grilled onions. 12.85

**\*Cheeseburger** (551 cal)

A half-pound burger served on a warm Brioche with cheddar cheese, lettuce tomato and grilled onions. 13.35

**Turkey Wrap** (573 cal)

Warm tortilla, with smoked turkey, honey mustard, caramelized onions, fresh spinach leaves and Swiss cheese. 11.85

**Veggie Wrap** (431 cal)

Whole wheat tortillas filled with Feta cheese, plum tomatoes, cucumber, red onion, Kalamata olives, sprinkled with oregano and red wine vinaigrette. 10.35

**\*Santa Fe Wrap** (560 cal)

Grilled chicken, red pepper, romaine lettuce, cheddar cheese and mayonnaise all wrapped in a red chili tortilla. 11.35

**\*Classic Monte Cristo** (555 cal)

Delicious sliced turkey, honey maple ham and melted Swiss cheese served on hot egg battered Texas Toast with powdered sugar and warm maple syrup on the side. 12.35

Add Avocado to any sandwich

2.75 sliced (145 cal) 3.25 spread (200 cal)

## LUNCH ITEMS - AVAILABLE EVERY DAY

*Served with either chunky or shredded hash brown potatoes (400 cal)*

**Five Cheese Grilled Cheese** (523 cal)

A lunchtime favorite. provolone, mozzarella, cheddar and Swiss melted between two(2) slices of parmesan cheese crusted Country White bread. 9.85

**Grilled Cheese** (440 cal)

A lunchtime favorite. Choose either cheddar or Swiss cheese melted to perfection on your choice of bread. 9.35

**Jalapeno Popper Grilled Cheese** (528 cal)

Cheddar cheese, cream cheese and jalapeno peppers combined for a delicious grilled cheese taste. 10.35

**\*Bacon, Lettuce, and Tomato** (526 cal)

A classic made with our extra thick cut bacon Country White Toast with lettuce, tomato and mayonnaise. 10.85

## SALADS

**\*Special House Salad** (388 cal)

Lettuce, tomatoes, bacon, egg, red onion, grilled chicken and parmesan cheese, served with a creamy honey mustard dressing. 11.85

**\*Cobb Salad** (403 cal)

Lettuce, chopped bacon, egg, cucumbers, tomatoes, sliced avocado, grilled chicken and crumbled blue cheese. Served with a blue cheese dressing. 12.85

**\*Chicken Caesar Salad** (596 cal)

Romaine, grilled chicken, parmesan cheese and croutons served with a creamy caesar dressing. 11.85  
*Substitute grilled steak add 4.85 (876 cal)*

**\*Asian Chicken Salad** (353 cal)

Cabbage and romaine tossed with our crunchy ramen noodle mix, grilled marinated chicken and served with an Asian sweet soy dressing. 11.85

**\*Taco Salad** (729 cal)

Served in a tortilla bowl with lettuce, tomato, grilled chicken, jalapeno peppers, cheddar cheese, guacamole, corn with salsa and sour cream on the side. 12.85

**\*Strawberry Bacon Spinach Salad** (378 cal)

Fresh spinach, bacon, Feta cheese, egg, red onion and sliced red pepper served with a balsamic vinaigrette. 10.85





Follow us on Social Media:



The Original Pancake House DC Metro Area



@OPHDMV



@the\_original\_pancake\_house

Share your experience and review us on Google+ and Yelp!:



**Bethesda**  
7703 Woodmont Ave,  
301-986-0285

**Falls Church**  
7395 Lee Highway  
703-698-6292

**Rockville**  
12224 Rockville Pike  
301-468-0886

[www.ophrestaurants.com](http://www.ophrestaurants.com)

## The Healthy Menu

Items served raw or undercooked are marked with an \*. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

### \*Californian Egg White Omelette

Cilantro, jalapeños, tomatoes, onions, topped with a avocado spread and a side of salsa verde. 14.85 (700 cal)

### \*Asparagus and Goat Cheese Egg White Omelette

Our fluffy egg white omelette filled with asparagus and a creamy goat cheese 15.35 (550 cal)

### \*Santa Barbara Omelette

avocado, turkey bacon, goat cheese with a side of pico de gallio 15.35 (775 cal)

### \*The Trainer

oatmeal, 2 slices of turkey bacon or 2 turkey links, scrambled egg whites and a small bowl of fresh cut strawberries 11.85 (770 cal)

### \*Egg White Scrambler

egg whites, tomatoes, mushrooms, onions, red peppers and fresh spinach, scrambled together with a bit of feta cheese and served with a side of fresh strawberries 14.85 (540 cal)

### \*Roasted Red Pepper and Spinach Frittata

an Italian baked crustless quiche with roasted red peppers, spinach and goat cheese 15.35 (550 cal)

### \*The Original Shakshuka

2 poached eggs on top of our spicy sauce of tomatoes, onions and garlic with a touch of cumin, paprika and cayenne and served with a side of diced avocados and sour cream 13.85 (320 cal)



### \*Ellen's Avocado Toast

Two(2) poached eggs on a toasted ciabatta with avocado spread and finished off with a dusting of Paprika. Shredded hash browns. 14.35 (625 cal)

### \*Avocado Toast with Crab

Two(2) poached eggs on toasted ciabatta with avocado spread and sweet blue crab meat. Served with shredded hash browns 16.35 (725 cal)